



RIDGE TO RIDGE HALF MARATHON & 5KM FUN RUN/WALK

SUNDAY 19th SEPTEMBER 2010
starting 7am (8am 5KM)
STARTING AND FINISHING AT MIDDLE RIDGE PARK
STENNER STREET, TOOWOOMBA

SUPPORTED BY: 



ENTRY HALF MARATHON & 5KM RUN/WALK 2010

Name:

Address: Post Code:

E-mail Address: Phone No.

EVENT 1/2M 5KM RUN/WALK
CATEGORY: MALE FEMALE **AGE ON RACE DAY:**

ENTRY FEE HM \$25.00; U18 HM \$20.00 Finishers Medallion \$12.00 (Pre order only)
5KM \$ 10.00; U18 \$5.00

PRIZES: OVERALL & CATEGORY WINNERS AS WELL AS RANDOM DRAW PRIZES.

TOTAL ENCLOSED \$.....

DECLARATION

1).I acknowledge that competitive running involves the real risk of serious injury or even death from various causes including overexertion, dehydration, accidents with other competitors, spectators or road users, course or weather conditions and other causes. 2).I understand that I should not compete in this event unless I have trained appropriately and my physical condition has been verified by a medical practitioner. 3). By competing, I accept all risk necessarily flowing from my participation, which could result in loss of life or permanent injury. Accordingly, I release all persons or corporations associated directly or indirectly with the conduct of the event from all claim demands and proceedings arising out of my participation and I hereby indemnify them against all liability for all injury, loss or damage arising out of or connected with my participation in the event. This release shall extend to and include Toowoomba Road Runners or any other person/organization (connect with event) and their respective directors, partners, managers, officers, agents, contractors, employees and volunteers including medical and paramedical personnel appointed for the event, the owners, licensees, and occupiers of land upon which the event or any part of it is conducted, any statutory body or local authority having control over any land upon which the event or any part of the event is involved directly or indirectly with the event in any manner whatsoever and promoters, sponsors and event organizers. This release and indemnity continues forever and binds my heirs, executors, personal representatives and assigns. 4) I consent to receiving any medical treatment, including ambulance transportation that the event organizers think desirable during or after the event. 5) I understand that compulsory insurance cover affected for participants in the event may not cover me for any or all injury, loss or damage sustained by me. 6) Safety precautions undertaken by organizers (such as course supervision, race safety briefings) are a service to me and other competitors but are not a guarantee of safety. 7) I am fully responsible for the security of my personal possessions at the event 8) My registration is not transferable to other people. If I am unable to compete, or if the event is cancelled by way of circumstances beyond the control of the event directors, my registration fee in non-refundable. 9) I have listed my medical or physical conditions for which I suffer that might affect my performance or be relevant if medical treatment is needed. I accept the risk of competing despite these conditions. 10) I agree to abide by all race rules and directions by the event organizer or other persons acting on their behalf. 11) Event organizer may change the event format, course or other race conditions at their discretion. If this occurs, this agreement applies to the changed conditions
Medical Conditions see item 9

I certify that I am 18 years or older (or parent of entrant if under 18 year old) and I have read this document and fully understand it

ALL ENTRANTS MUST SIGN (if under 18 the parents or guardian of the entrant must sign)

SIGNATURE

.....**DATE**.....

Online entries and full race results at www.trr.org.au
POSTAL ENTRIES TO: Po Box 2348 Toowoomba MC, QLD, 4350
Enquires phone Roger 4635 0989(h) or 46166501(w); Luke 0407954860
Email - tmbarr@gmail.com

PROCEEDS TO TOOWOOMBA HOSPITAL FOUNDATION

