



TOOWOOMBA ROAD RUNNERS

(WINTER CALENDAR 2010)

Invites runners of all abilities and fitness levels to

SUNDAY MORNING RUNS

8AM START (7AM START FOR LONG RUN)

WEB SITE www.trr.org.au EMAIL - tmbarr@gmail.com



28 February	Lake Annand (0600-Long, 0700-short)	Bright St, South Toowoomba	Social Run	7km
07 March	Peak2Park www.peak2park.org.au	Picnic Point to Lake Annand	Fun Run	10/4k
14 March	Highfields Fun Run	Highfields, Plaza Circuit	10k, 5k run/walk & 2k	
21 March	Laurel Bank Park	Herries St entrance	Social Run	5k
21 March	Twilight Half www.twilightrun.com.au	University Qld	Race	21/10
28 March	Queens Park (School x country) (Charity fundraiser \$3.00 entry)	Margaret St	Cross Country	2/4/6k
04 April	Rifle Range Run-around	Mt Lofty Lookout, North St	Social Run	5k
11 April	Joys of Jubilee Park (Webb Park)	Dudley St	Trail	6k
18 April	Newton Park (School x country) (Charity fundraiser \$3.00 entry)	Tor/Taylor	Cross Country	2/3/4/6k
25 April	Mt Rascal (Hodgsonvale)	Lions Park, New England Hwy	Social Run/B'fast	6+k
02 May	Backways to Barlow (Rockville Park) Possible adventure run	Tor St Murphy's Creek to Cabarlah	Social Run	6k
09 May	Captain Cook Oval (School x-c) (Charity fundraiser \$3.00 entry)	McGregor St	Cross Country	2/3/4/6k
16 May	Marvels of Mabel (park near Weis)	Nth Ruthven St reserve	Social Run	5k
23 May	Kearney Springs (Charity fundraiser \$3.00 entry)	Ruthven St	Cross Country	2/3/4/6k
23 May	Noosa Half Marathon	www.usmevents.com.au/noosahalf		
22/23 May	Warwick Pentath-Run (5 races)	www.pentathrun.com		
30 May	Middle Ridge Golf Course	Fairway Crt & Stenner St	Social Run/B'fast	7k
06 June	Horn Park Qld ½ Marathon www.queenslandmarathon.com.au	Stuart St Doomben Race Course Brisbane	Social Run	6+k 21.1, 10k, 5 & 2.5k
13 June	Time Trial	Japanese Gardens USQ	Time Trail	10/5K
20 June	KING/QUEEN OF RANGE,	WITHCOTT	RACE 2	8K
27 June	Canter in the Costwolds Hills	Costwolds Park Hamzah Drv	Social Run	7k
05 July	Gold Coast Airport Marathon www.goldcoastmarathon.com.au	Southport		42.2, 21.1 & 10k (Sat 3 rd)
11 July	Highfields Plaza	Highfields	Social Run/B'fast	5k
18 July	Trees and trails	Glen Lomond Park McStay St	Social Run/B'fast	6K
25 July	Rockville Park	Tor St	Social Run	7k
01 August	Run to the Bullshead Brisbane Marathon Festival	Japanese Gardens USQ www.intraining.com.au	Social Run	6k 42.2/21.1/10
08 August	West Creek	Faye Crt	Social Run	5k
15 August	Pounding around Preston	The Chapel, Boundary Rd Preston-	Trails	10k
22 August	Laneway of Newton Capt Cook Oval	McGregor St	Social Run	6k
29 August	Bridge St Quarry	Bridge St	Trail Run	5k
05 September	Time Trial	Japanese Gardens USQ	Time Trail	10/5K
12 September	Glenvale Park	Panorama Drv	Social Run/B'fast	5k
19 September	Ridge 2 Ridge ½ MARATHON	Middle Ridge Park Stenner St	RACE 3	21.1/5K
26 September	Newtown Park	Taylor St	Social Run	7k
03 October	Westbrook Wander	Westbrook Park, Westbrook	Social Run/B'fast	7K
10 October	Katoomba Point	Prince Henry Drv	Pairs Run	4.2k
17 October	TRR MARATHON	USQ	RACE 4	2.2, 21.1, 10K
24 October	USQ Fun Run	USQ	Fun Run	6km
31 October	Lifeline Fun Run	TBA	Fun Run	2.5/5/10km
07 November	CLUB CHAMPIONSHIPS, MIDDLE RIDGE PARK ALSO AGM, AWARDS AND BREAKFAST		STENNER ST Pairs Run	5K

WEDNESDAY AFTERNOON RUN 5.30PM MOTHERS MEMORIAL - BURSTOW ST. 7-8K
MONDAY & FRIDAY AFTERNOON 5.30PM MIDDLE RIDGE PARK, STENNER ST 7-10K

FOR FURTHER INFORMATION

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