

Toowoomba Marathon, $\frac{3}{4}$ Marathon, $\frac{1}{2}$ Marathon and 10K Road Race 17th October 2010

On Sunday, 17th October, we held the annual Toowoomba marathon and its associated races. With the unseasonal weather that Australia has been experiencing, we were in for a surprise. After rain, a strong high pressure front was passing through, with strong westerly winds and a temperature of 7°C at the marathon start. It was not surprising that, of the 320 entrants in the races, 35 apparently looked at the weather and stayed home. However, for the 285 hardy souls who turned up, it was a good day which improved as the morning progressed. This number of competitors represented a 100% increase on last year's event which was unexpected and gives us confirmation that there is a future for the smaller, cheaper, friendly provincial marathons in Australia.

The course is an almost flat (nothing in Toowoomba is totally flat) 10.55km loop around the University of Southern Queensland and is run either 4, 3, 2 or 1 time for the Marathon, $\frac{3}{4}$ marathon, $\frac{1}{2}$ marathon or 10km respectively.

We had 40 participants in the marathon which was won by Tom Anderson from Tweed Heads in a time of 3.02.16. Tom was able to improve on his second place last year but the wind robbed him of a faster time. Second place overall was our female winner, Tressa Lindenberg, with a time of 3.08.51. Tressa has successfully taken out all three major events in Toowoomba this year, namely Queen of the Range, The Ridge to Ridge Half Marathon and now the full Marathon.

The three quarter marathon, an unusual distance, is slowly increasing in popularity each year. It appeals to those who are either not quite ready for the full marathon or who want a good long training run. Craig Hudson took out the men's event and Sheridan Herrmann won the women's. We had 16 in this event

The half marathon remains a popular event with 113 finishers this year. Local, Mark Oliphant, took out this event for the second year in a time of 1.19.25, which, considering the wind factor, was a great effort. Jenni Paxton was female winner, in a time of 1.32.50.

The 10K Road Race was as popular as the Half, with 114 finishers. Local up-and-coming athlete, Ben MacCronan, won the men's race with a time of 33.51. Previously this year he has won the Ridge to Ridge Half Marathon. The women's race was won by Warwick athlete Georgie Stewart, in 43.04.

The success of this year's races allowed us to donate \$6,000 to the local Hospital Foundation for 2010. We are indebted to X-Cell Roofing for sponsoring this event, to Rotary for manning the water stops and to Athlete's Foot for providing excellent random draw prizes. Although this race has not drawn top state or Australian runners, it has been a successful and enjoyable participation event for the athletes and if numbers are any indication, the future of the race is looking good.



Winner of Men's Marathon : Tom Anderson



Winner of Women's Marathon: Tressa Lindenberg



Winner of Men's Half Marathon: Mark Oliphant

Results

Men's Marathon

1. Tom Anderson	3.02.16.
2. Mark McFadzen	3.14.54.
3. Brendon Gray	3.16.25.
4. Kelvin Marshall	3.18.36.
5. Harley Vegan	3.18.48.
6. Andrew Holden	3.23.01.
7. Rob Davis	3.25.48.
8. Stuart Wagner	3.26.58.
9. Ian Perrin	3.28.02.
10. Sebit Rambang	3.35.12.

Men's 3/4 Marathon

1. Craig Hudson	2.13.45.
2. Andrew Warwick	2.30.57.
3. Steve Kennedy	2.39.41.
4. David Bowden	2.43.49.
5. Chris Hayward	2.44.46.
6. Stephen Butterworth	2.48.27.
7. Bob Wells	2.56.12.
8. Charles Hew	3.08.57.
9. Glenn Jeffrey	3.13.48.

Men's 1/2 Marathon

1. Mark Oliphant	1.19.25.
2. Justin Creek	1.20.41.
3. Peter Hallahan	1.23.46.
4. Daniel McPherson	1.25.28.
5. Gary Beutel	1.26.25.
6. Shane Smith	1.27.53.
7. Jason Seaby	1.28.09.
8. Howard Coggan	1.30.16.
9. Gregory Truloff	1.30.26.
10. Shaun Hackney	1.30.53.

Men's 10K

1. Ben MacCronan	33.51.
2. Tim Garrett	34.51.
3. Leigh Stewart	35.30.
4. Stefan Dooney	37.07.
5. Brendan Deurloo	37.14.
6. Jeremy McDonald	37.28.
7. Henry Pye	38.36.
8. Alex Hew	38.52.
9. Mark Gregson	39.25.
10. Steve Whiteman	39.46.

Women's Marathon

1. Tressa Lindenberg	3.08.16.
2. Nerina du Plessis	3.26.09.
3. Abigail Griffin	3.32.28.
4. Leslie le Vaillant	4.00.25.
5. Elise Stade	4.06.01.
6. Lisa Godden	4.09.15.
7. Hannah McGovern	4.21.06.
8. Eunice Leath	4.23.09.
9. Christine Jackson	5.00.36.
10. Tai-hia Lo	5.13.39.

Women's 3/4 Marathon

1. Sheridan Herrmann	2.44.27.
2. Jennifer Seden	2.59.12.
3. Stacey Fry	3.03.49.
4. Hollie Layton	3.03.50.
5. Colleen Gunn	3.10.41.
6. Monique Purcell	3.13.48.

Women's 1/2 Marathon

1. Jenni Paxton	1.32.50.
2. Anne Ryan	1.34.41.
3. Melita Simpkins	1.37.22.
4. Tricia Russell	1.38.10.
5. Charlotte Walton	1.38.49.
6. Jessica Ferriday	1.39.44.
7. Amanda Shipway	1.41.24.
8. Kelly Truloff	1.42.05.
9. Cheryl Lanagan	1.43.33.
10. Angela Rose	1.43.59.

Women's 10K

1. Georgie Stewart	43.04.
2. Mia Dardenga	44.30.
3. Pamela Murch	45.11.
4. Joanna Perrin	45.21.
5. Nicole Lockwood	46.42.
6. Kelly Singleton	47.37.
7. Ashley Tan	48.17.
8. Freely Love	48.39.
9. Lorraine Halpin	49.23.
10. Kathy Currie	49.29.